



MEDIA RELEASE

August 24, 2009

St. Mary's County Sheriff's Office Holds Blood Drive

St. Mary's County Sheriff's Office
23150 Leonard Hall Drive
Leonardtwn, MD 20650

September 8, 2009 8:00 am – 1:00 pm

WHO IS ELIGIBLE TO GIVE BLOOD? DONORS MUST:

- Be generally in good health;
- Be at least 17 years of age, or in the state of Maryland only, 16 years of age with written parental consent;
- Weigh no less than 110 pounds;
- Have NOT received a tattoo within the past year;
- Have NOT donated whole blood within the past 56 days.

Donating blood is an easy process that takes about an hour of time. Whole blood donors are eligible to give every 56 days.

Please call 1-800-GIVE-LIFE to schedule an appointment or on-line at:

www.my-redcross.org, click on Sponsors for Life Login Here, Go to Donors Login Here (click on words) and complete information (Sponsor Code 11460). Walk-ins are Welcome!