



MEDIA RELEASE

December 12, 2012

Sheriff's Office Annual Civilian Employee Training – December 6, 2012

On December 6, 2012 the St. Mary's County Sheriff's Office civilian employees completed their annual training in Piney Point, Maryland. Sheriff Timothy Cameron began the day with a warm welcome and an informative presentation on Leadership.

Following the Sheriff's presentation Mr. Joe Young, Assistant Director of the Southern Maryland Criminal Justice Academy presented information regarding work hazards and Cardio Pulmonary Resuscitation.

Social Networking was presented by Corporal Angela Delozier, St. Mary's County Sheriff's Office School Resource/D.A.R.E. Deputy. Staff was placed into teams to complete a "Jeopardy" style game involving informative and fun facts on social networking. Agency social networking policies and procedures were through discussion. In addition, Cpl. Delozier presented social networking case studies regarding acceptable and unacceptable employee social networking conduct and First Amendment protection.

Lunch was provided by the Harry Lundeberg School of Seamanship.

The afternoon training session was conducted by Health Connections who provided information on work place stress and healthy living. Employees were taught how to recognize stress and provided resource information on how to transition from stress into living a healthier lifestyle. Proper nutrition and exercise, which can be performed at an employee's desks, was also discussed.

Extensive annual in-service training for sworn law enforcement and corrections officers is mandated through the Maryland Police and Corrections Training Commission. The St. Mary's County Sheriff's Office exceeds minimum training requirements. In addition to training sworn and corrections personnel, the Sheriff's Office provides annual training to civilian law enforcement and corrections support staff.

"The efficiency of a law enforcement organization is enhanced when non-sworn personnel are also appropriately trained. We are committed to providing relevant, employee training for all personnel. We would like to thank the Harry Lundeberg School of Seamanship for their support and providing their auditorium for our training." (Sheriff Timothy K. Cameron)